



PAULA CHIARMONTE, MLIS Biography

Believing the brain can change at any age, Paula advocates for optimal brain health. Utilizing biofeedback, her *Whole Brain Balancing* practice enhances cognitive and emotional resilience in a national clientele. She possesses over 35 years of training and personal experience with deep change and brain integration methods. Recent studies include Trauma Healing with Thomas Hübl, DNA Activation with Acurda Melchizedek and Spiritual Emergence with Dr. Emma Bragdon. Formerly, she practiced neurofeedback at an integrative medicine clinic in North Carolina.

Certified in Transformational Healthcare Leadership from University of California, Los Angeles; Paula has been a *Preferred Facilitator* with PSYCH-K® International since 2013. She studied directly with its founder, psychotherapist Rob Williams and Bruce Lipton. PSYCH-K represents the practical application of Dr. Lipton's (*The Biology of Belief*) science of epigenetics. As a next generation method; it combines neuroscience, evolutionary biology, positive psychology and subconscious change to transform individual and collective consciousness.

Certified in Economic Development and Healthcare Disparities from University of California, Fresno Paula was a senior research analyst in economic development, specializing in healthcare policy. Subsequently, she was a telehealth trainer with the National Network of Libraries of Medicine.

As a nonprofit management and fundraising consultant for over ten years, Paula was capital campaign director for Community Counseling Services in San Francisco; Custom Development Solutions in Charleston; and managing consultant at Skystone Partners in Cincinnati. Certified in Charitable Planned Giving from University of California, Long Beach; she trained California library foundation boards statewide, through the California State Library. Earlier, Paula directed the Sacramento Public Library Foundation.

Trained originally as an academic librarian, and practicing architectural librarianship at Cornell University; Paula holds a master's degree in library and information science and two undergraduate degrees in design (studying abroad in Siena, Italy) and business administration. She has administered and instructed courses in a Nonprofit Organization Management (NPO) degree program.

Her publications feature the definitive print and online bibliography, *Women Artists in the United States: A Selective Bibliography and Resource Guide on the Fine and Decorative Arts, 1850-1986*, funded by the National Endowment for the Humanities. Paula co-authored *Handbook of Volunteer Management*, published by the North Carolina Governor's Office. Paula also wrote, *Create a Planned Giving Bequest Program for Your Library*, published by Friends and Foundations of California Libraries.

